



Tecnológico de Monterrey
Escuela de Ingeniería y Ciencias

Physiological-based Emotion Recognition

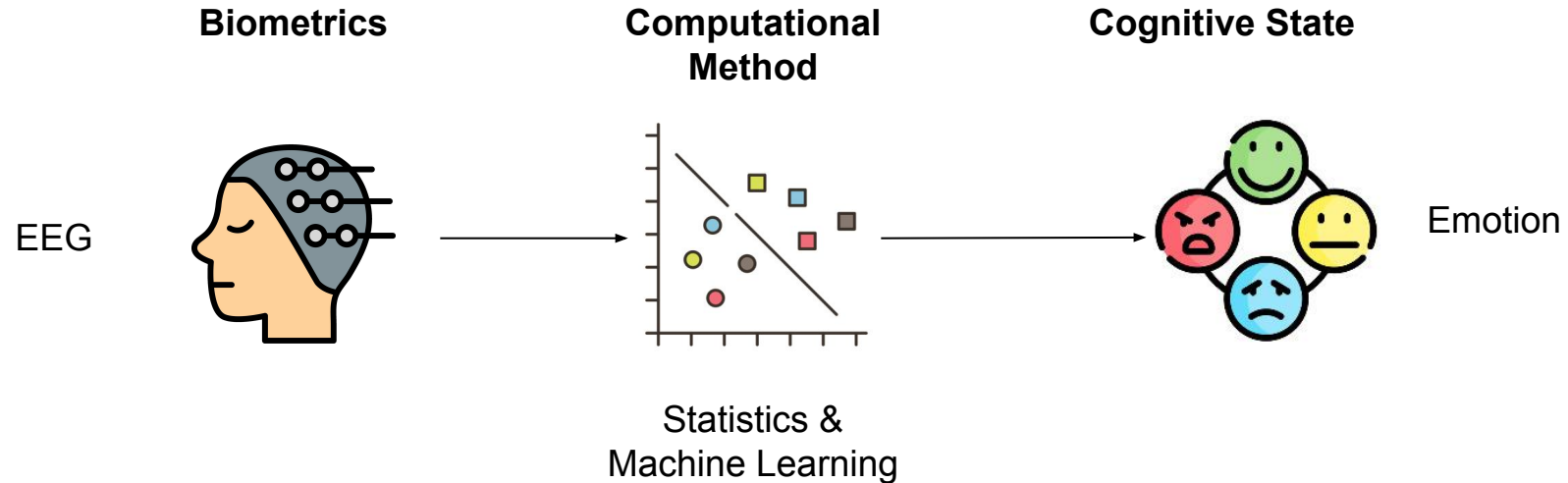
Objective Emotions for Real-time Environments

Workshop UH AccelNet - Tecnológico de Monterrey
4th August, 2025

Milton Candela, milton.candela@exatec.tec.mx



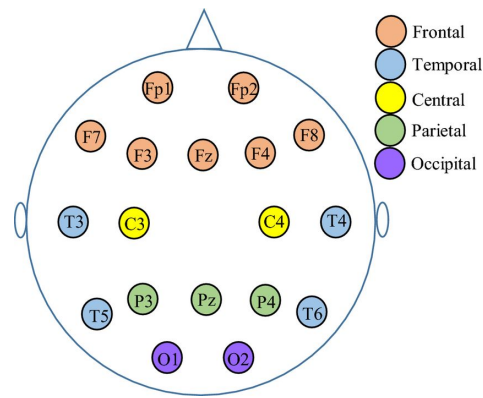
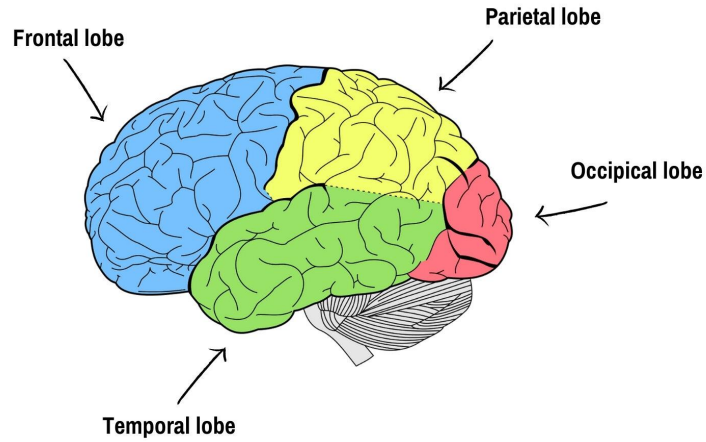
Overview



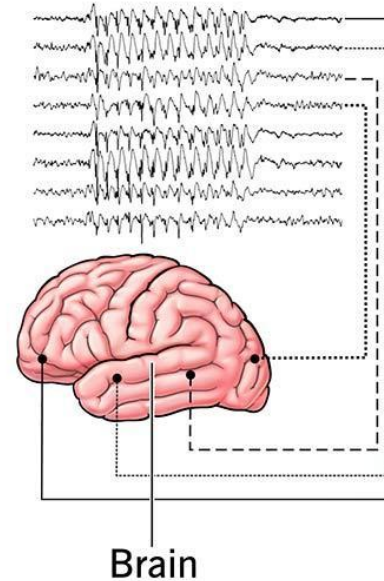
Electroencephalography (EEG) device

- **Ultracortex Mark IV**
 - Channels: 8
 - Business: OpenBCI
 - Sampling frequency (fs): 512 Hz
 - Default configuration: Fp1, Fp2, C3, C4, T7, T8, O1, O2
 - Reconfigurable electrodes
 - Dry electrodes (minimal setup)
 - USB dongle for bluetooth data transfer
 - OpenBCI GUI for impedance check
 - Python compatibility (through brainflow)





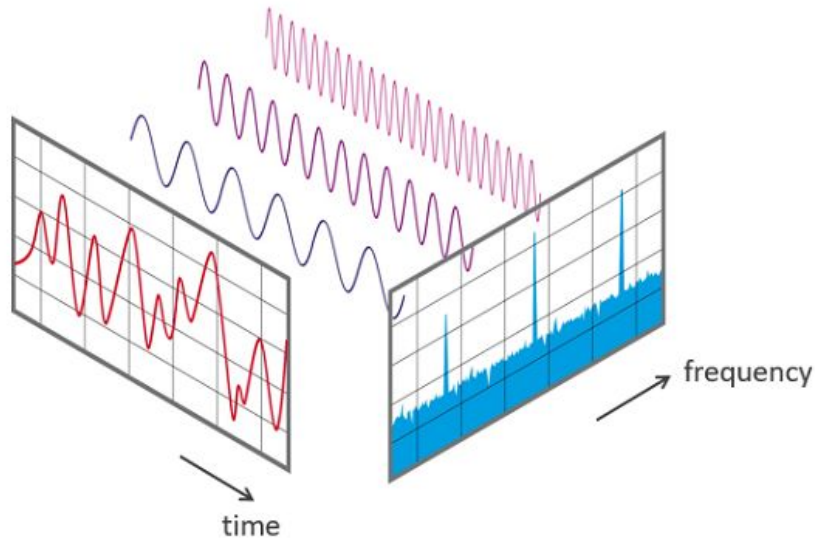
EEG (scan of brainwaves)



Electrodes
glued to scalp



EEG frequency analysis (Fourier)



Beta
[12-30 Hz]



Active
thinking

Alpha
[8-12 Hz]



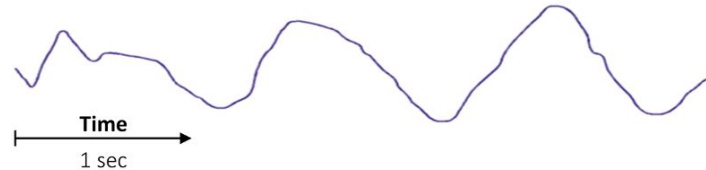
Attention

Theta
[4-8 Hz]



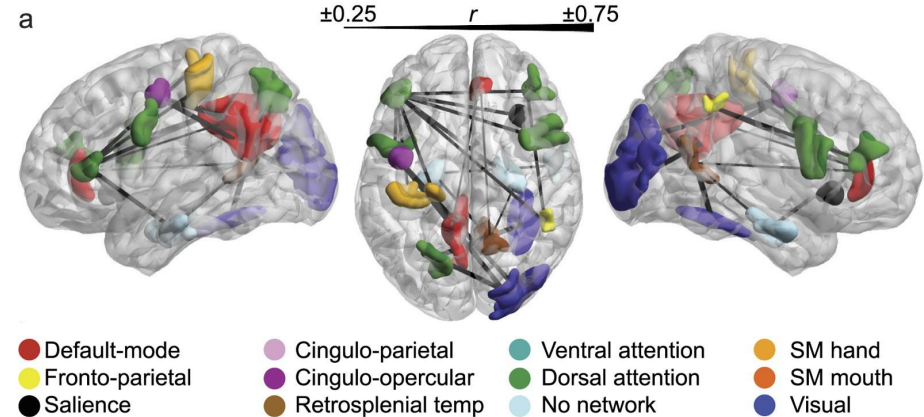
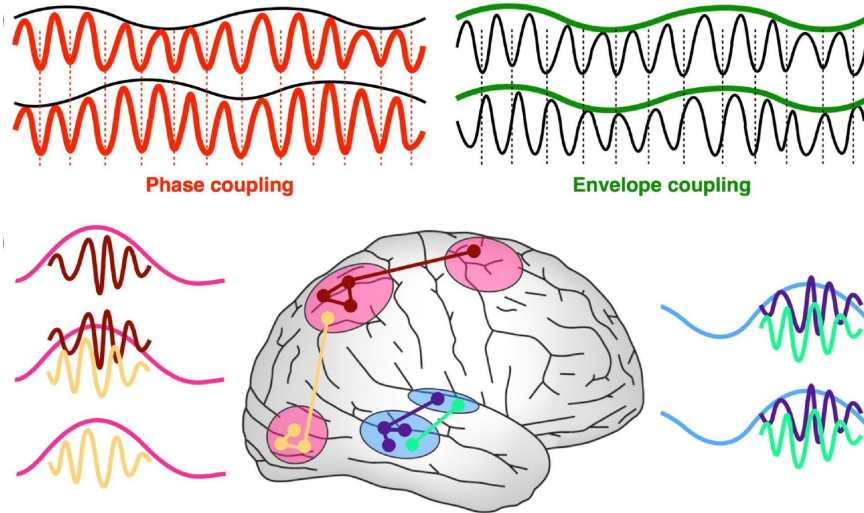
Sleeping

Delta
[1-4 Hz]



Deep
Sleep

EEG functional connectivity analysis





Emotion Models

- **Discrete**

- Binary
 - Positive, Negative [1]
- Multi-class
 - 6 basic emotions: happiness, anger, fear, surprise, sadness, and disgust [2]
 - Social psychology emotions: joy, anger, sadness, fear, love, surprise [3]

- **Continuous**

- 2D
 - Positive and Negative Affect Schedule (PANAS) [4]
 - Circumplex (HVHA, HVLA, LVHA, LVLA) [5]
- 3D
 - Pleasure, Arousal, Dominance (PAD) or Valence, Arousal, Dominance (VAD) [6]

[1] Zheng & Lu (2015) *IEEE Trans. on Mental Development*

[2] Ekman & Oster (1979) *Annual Review of Psychology*

[3] Parrott (2001) *Emotions in Social Psychology*

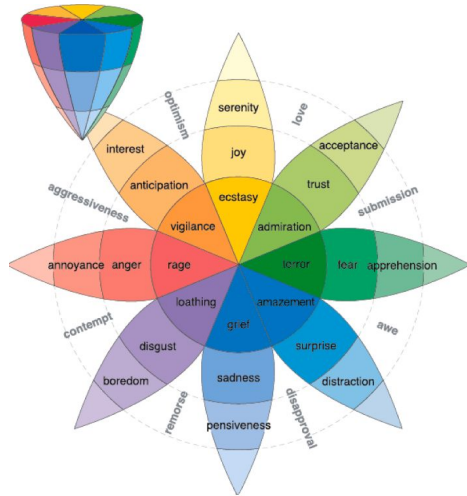
[4] Watson et al. (1988) *Personality and Social Psychology*

[5] Russell (1980) *Personality and Social Psychology*

[6] Mehrabian (1996) *Current Psychology*

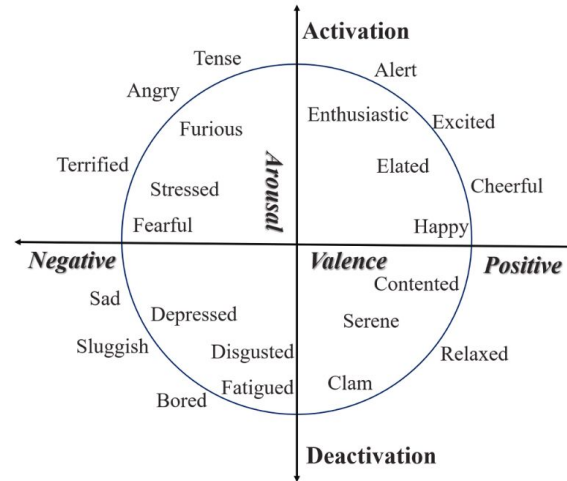
Emotion Models

Discrete

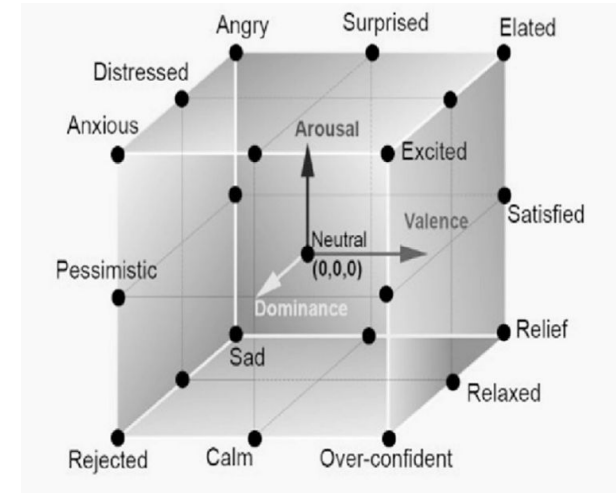


Emotional wheel [1]

Continuous



Circumplex [2]



Valence-Arousal-Dominance [3]



Paper overview

- Published in
Frontiers in Human Neuroscience
- Selected for the
journal's Editor's
pick eBook
- Top 3% of all
2024 papers
(16/510), top
2 in BCI topic

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Real-time EEG-based emotion recognition for neurohumanities: perspectives from principal component analysis and tree-based algorithms

Miguel Alejandro Blanco-Ríos^{1†}, Milton Osiel Candela-Leal^{1,2†},
Cecilia Orozco-Romo¹, Paulina Remis-Serna¹,
Carol Stefany Vélez-Saboyá³, Jorge de Jesús Lozoya-Santos¹,
Manuel Cebral-Loureda³ and
Mauricio Adolfo Ramírez-Moreno^{1*}

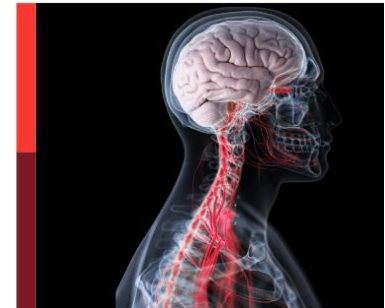
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Within the field of Humanities, there is a recognized need for educational
innovation, as there are currently no reported tools available that enable
individuals to interact with their environment to create an enhanced learning
experience in the humanities (e.g., immersive spaces). This project proposes
a solution to address this gap by integrating technology and promoting the
development of teaching methodologies in the humanities, specifically by
incorporating emotional monitoring during the learning process of humanistic
context inside an immersive space. In order to achieve this goal, a real-time
emotion recognition EEG-based system was developed to interpret and classify
specific emotions. These emotions aligned with the early proposal by Descartes
(Passions), including admiration, love, hate, desire, joy, and sadness. This system
aims to integrate emotional data into the Neurohumanities Lab interactive

Editor's pick eBook: highlighted research from Frontiers in Human Neuroscience 2024

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Real-time EEG-based emotion
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Within the field of Humanities, there is a recognized need for educational

Perspectives from Principal Component
Analysis and Tree-based Algorithms



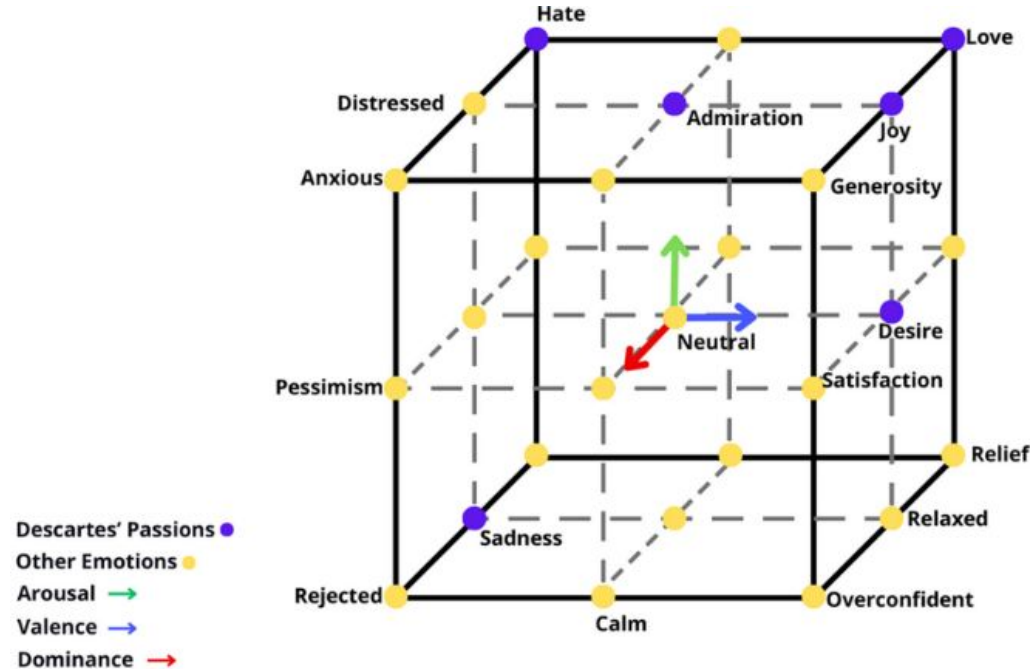
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Motivation

- **Challenge:** Humanities teaching methodologies has been slower compared to other fields.
- **Solution:** ML + EEG in real-time to predict emotion and create adaptive learning experience.

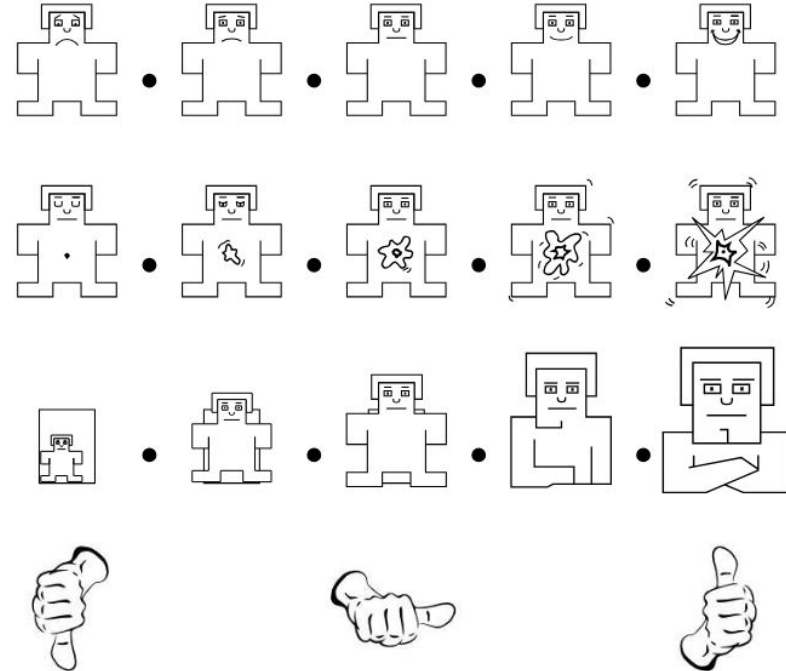


VAD emotion model



Self-Assessment Manikin (SAM)

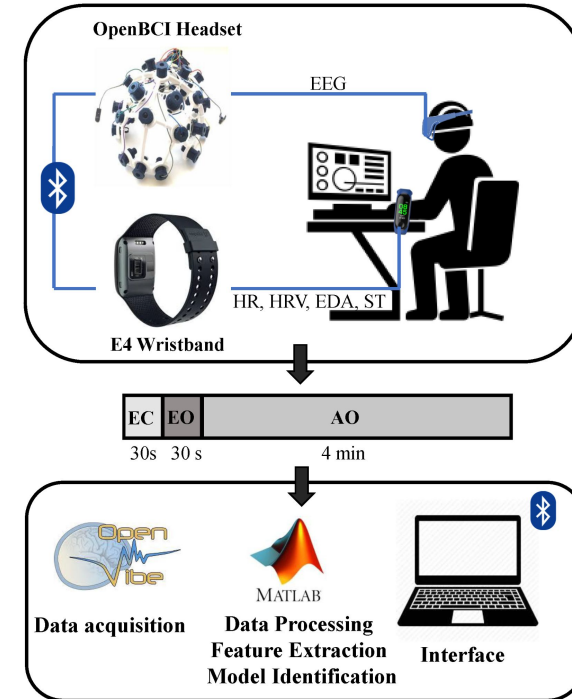
- 1-9 Likert scale ratings
- **Valence:** Unpleasant (stressed) to happy (elated).
- **Arousal:** Uninterested (bored) to excited (alert).
- **Dominance:** Helpless (without control) to empowered (in control).



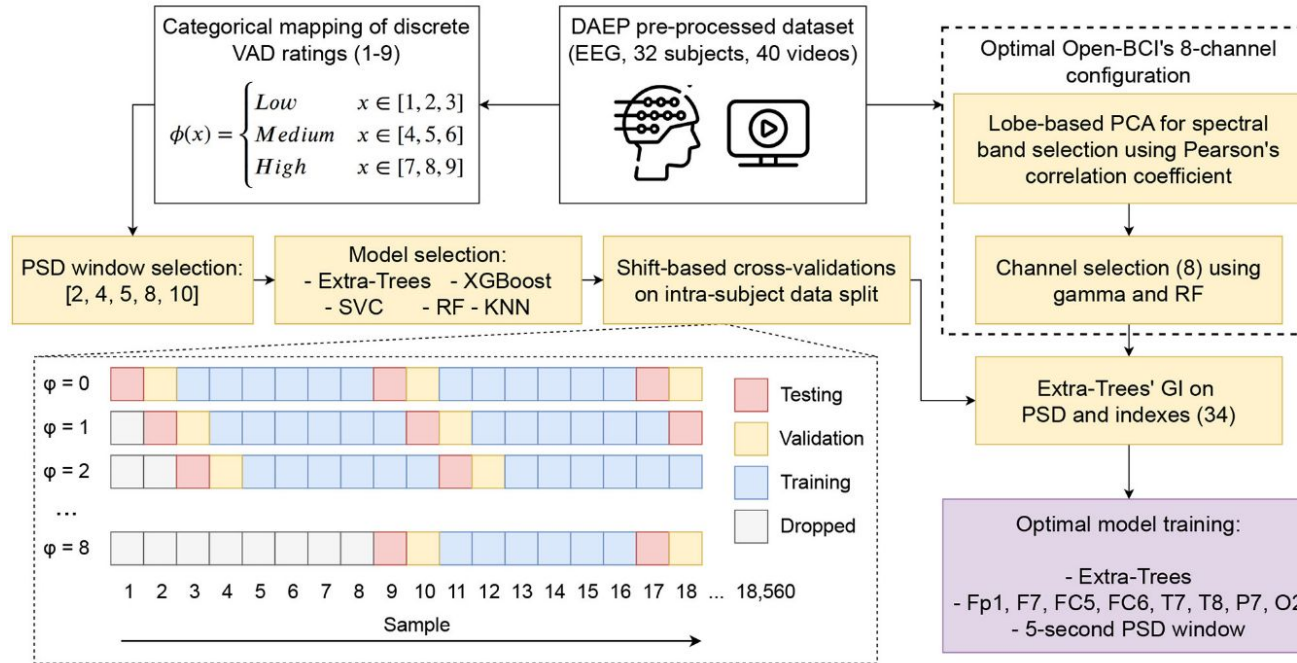
EEG Indices

Combine frequency bands to determine an explainable behavior:

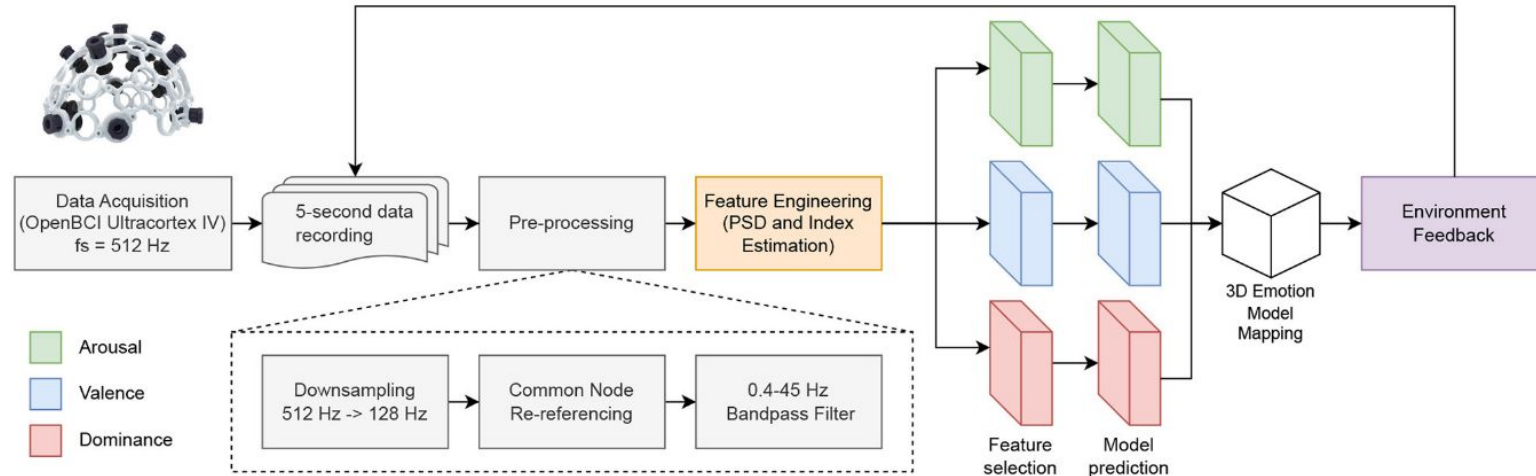
- **Engagement:** $\beta/(\theta+\alpha)$ [1]
 - Cognitive processing in contrast to a more passive state.
- **Fatigue:** α/θ [2]
 - Mental weariness; required at sustained attention.
- **Excitement:** β/α [3]
 - High alert and attentive; excitement or increased interest.



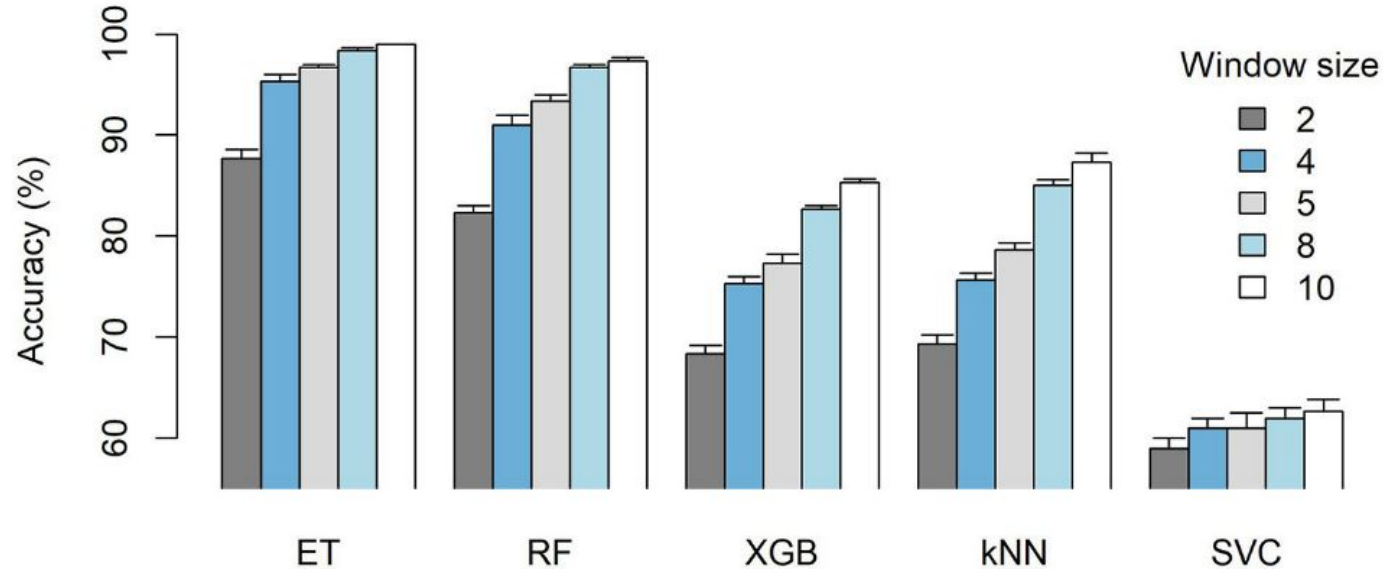
Methodology



Flow diagram of real-time prediction



Window size selection





Frequency band-lobe pair most related to emotion

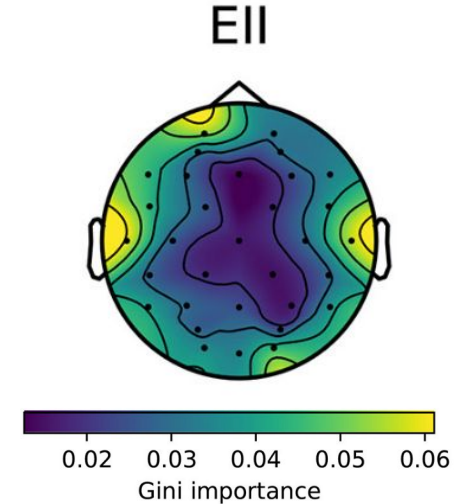
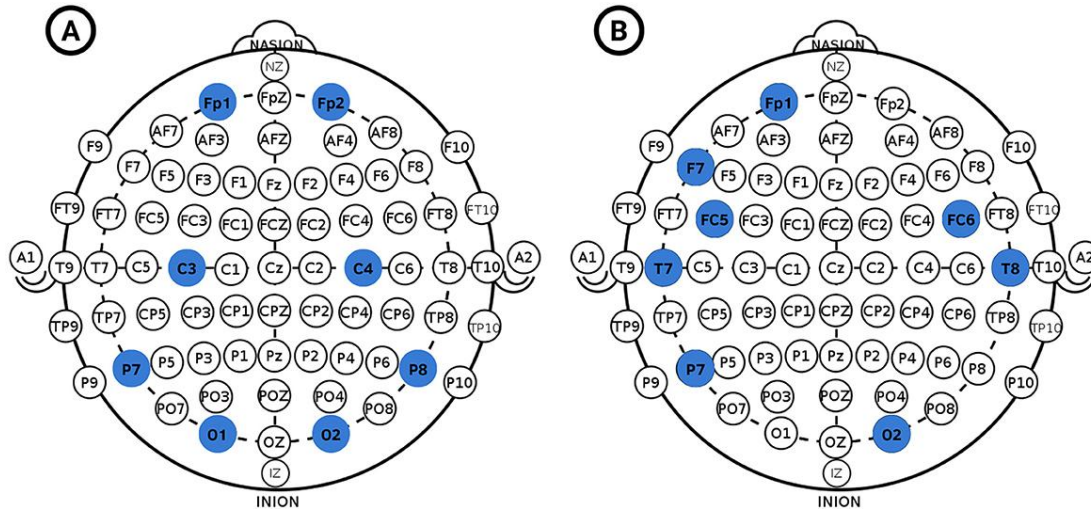
f_{band}	Lobe	Arousal	Valence	Dominance	Σ
δ	F	0.0472	0.0447	0.0422	0.1341
	T	0.0511	0.0455	0.0436	0.1402
	P	0.05	0.0435	0.0445	0.138
	O	0.0438	0.0423	0.0426	0.1287
	C	0.0511	0.043	0.0447	0.1388
	CP	0.0456	0.0446	0.0406	0.1308
θ	F	0.0877	0.0795	0.0778	0.245
	T	0.0954	0.0804	0.0785	0.2543
	P	0.0971	0.083	0.0833	0.2634
	O	0.0946	0.0762	0.0794	0.2502
	C	0.0945	0.0783	0.0812	0.254
	CP	0.0839	0.083	0.0773	0.2442
α	F	0.1146*	0.0686	0.0763	0.2595
	T	0.1123	0.073	0.078	0.2633
	P	0.1138	0.087	0.0845	0.2853
	O	0.1233	0.0883*	0.0844	0.296
	C	0.1182*	0.0828*	0.0836	0.2846
	CP	0.1108	0.0815	0.08	0.2723

β	F	0.1642	0.0989	0.1065	0.3696
	T	0.1684	0.0988	0.1183	0.3855
	P	0.1894	0.1113	0.1184	0.4191
	O	0.1797	0.1072	0.1094	0.3963
	C	0.1788*	0.0985	0.1207	0.398
	CP	0.1696*	0.1083	0.1084	0.3863
γ	F	0.1868*	0.1228	0.1176*	0.4272
	T	0.188*	0.1226*	0.1327	0.4433
	P	0.2005	0.1316*	0.1264	0.4585
	O	0.2011	0.1295	0.1257	0.4563
	C	0.1958	0.1178	0.1307	0.4443
	CP	0.1783*	0.1281	0.1187	0.4251

Optimal channel configuration (gamma)

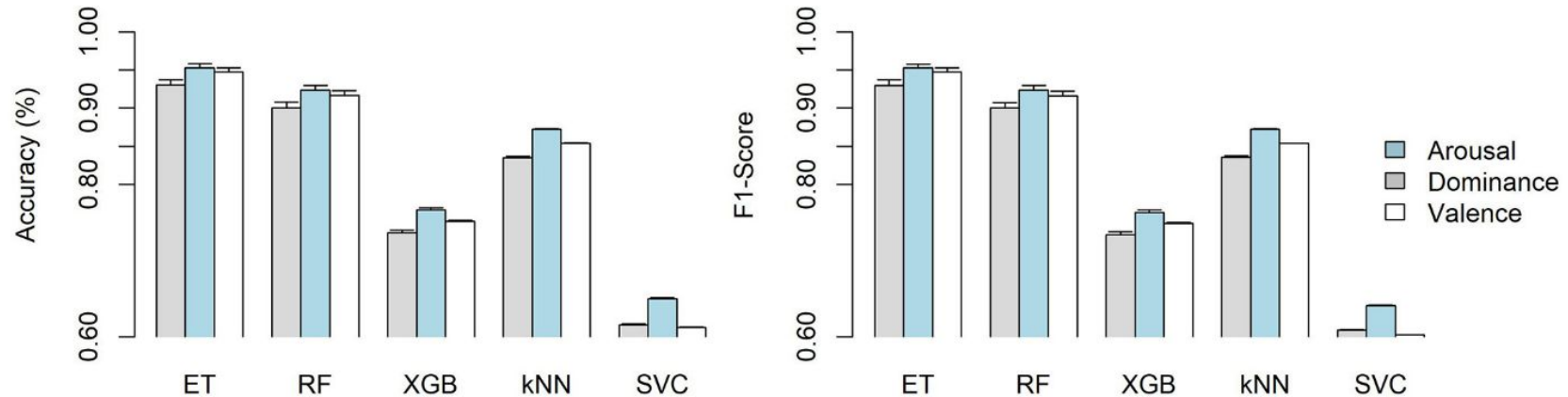
- **EII**: Emotion Importance Index, calculated for each emotion e

$$EII(c) = \frac{1}{E} \sum_{e=1}^E GI(c, e)$$



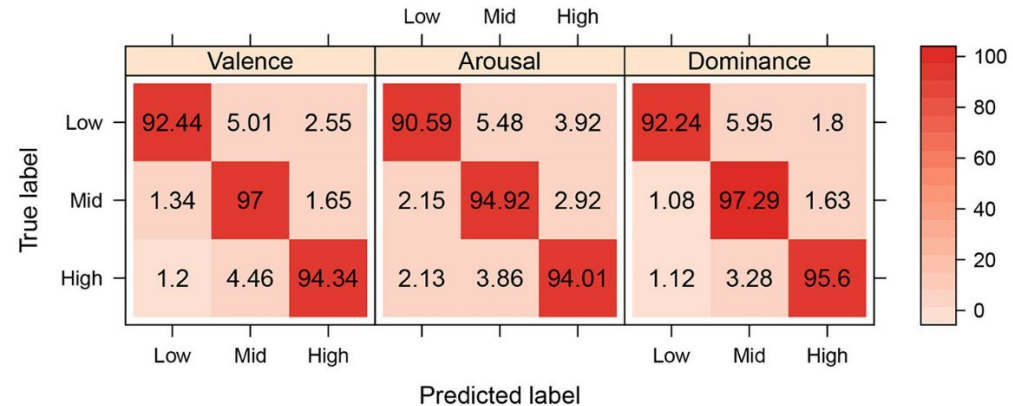
ML model selection & feature importance

- **ET**: Extra-Trees, **RF**: Random Forest, **XGB**: XGBoost
kNN: k-Nearest Neighbors, **SVC**: Support Vector Classifier



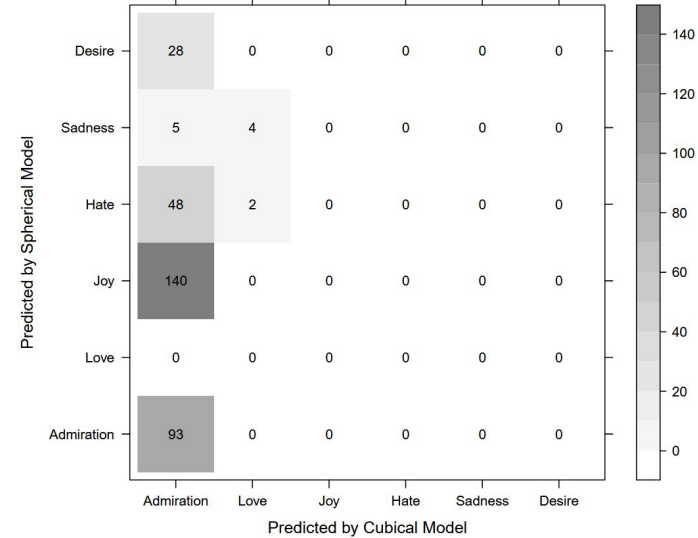
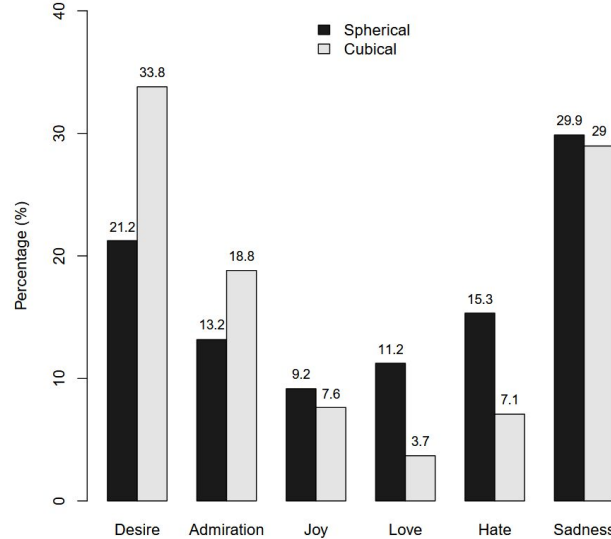
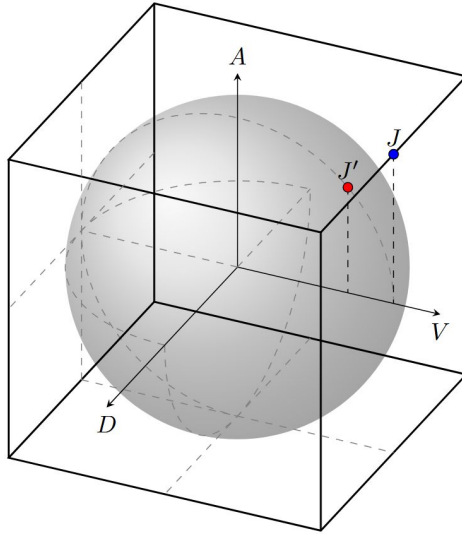
Conclusion

- 8-channel EEG real-time emotion recognition is feasible and accurate
 - VAD model is capable of mapping further emotions
 - Changing the current learning environment based on student's state
- **Adaptive environments improves engagement and learning**



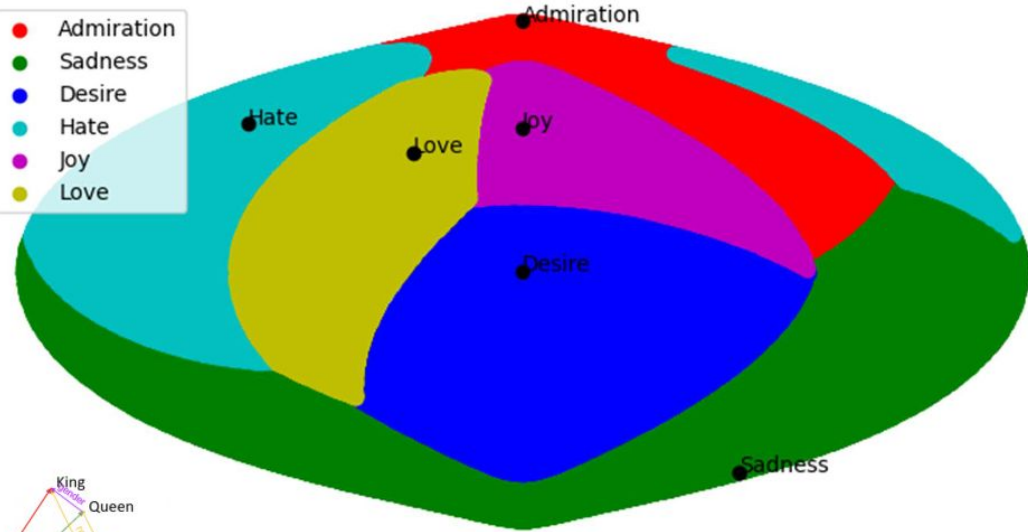
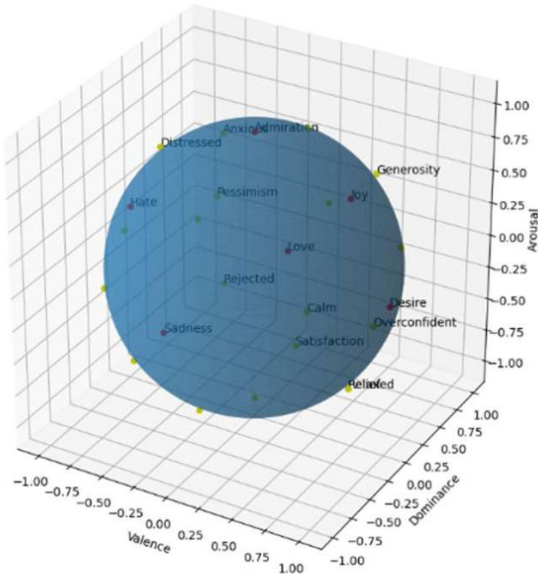
Future Directions on VAD modeling

- Spherical Model for an equidistant modeling of predicted VAD values

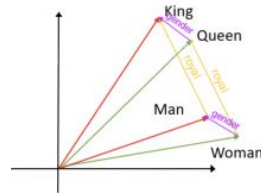


Future Directions on VAD modeling

- Spherical Model for an equidistant modeling of predicted VAD values



$$\vec{A} \cdot \vec{B} = |\vec{A}| |\vec{B}| \cos \theta$$





Thanks

Any questions?

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Future Directions on VAD prediction

- Instead of normalization based on dataset, considering $n \gg$, normalization based on
 - Short 3-second trial baseline prior to stimuli
 - Global features according to inter-subject LOO data division
 - Normalized PSD using BrainFlow rather than bandpower using PyEEG
- Reduce overfit by
 - Include bias-reduced ML models such as histGBR instead of RF
 - Select proper window size that captures emotion features but for real-time
 - Reducing the amount of features by adding emotion-specific feature selection
 - Hybrid classification + regression model for overall and refined VAD prediction
 - Prediction performance based on R^2 and correlation for comprehensive performance
 - Inter-subject data division with Cross-Validation rather than intra-subject data division